

Our Process

Step 1 - Tune In

We listen to your objectives and assess your current situation

Meetings

Workshops

Interviews

Step 2 - Design

We collaborate to design a program that supports where you want to go

Drawing on our expertise in:

education, positive psychology, mindfulness, action learning, strengths-based methods and the arts

Step 3 - Engage

Face to face learning, we meet people where they are at

Development workshops; including leadership and other skills.
Team and Individual coaching.

Creative engagements; including organisational scenarios and working with actors to receive “in the moment” feedback

Step 4 - Sticky Learning

This stage is crucial to sustain the changes already made

Action learning and peer or leader driven coaching groups

Step 5 - Appraise

Feedback and review

Option to measure results and impact

CHANGEABLE